

MITCHELL FAMILY FARM CSA 2010

You are invited to join our 2010 Mitchell Family Farm CSA. We offer a limited number of regular and working shares from our Community Supported Agriculture (CSA) garden. CSA is geared toward individuals who want to support and enjoy the benefits of healthy, locally-grown fresh fruits and vegetables.

CSA members share in the risks and rewards of local agriculture. Our job involves managing the growing process to safeguard against pests and weather fluctuations as much as possible and return to you great-quality, fresh produce.

Our garden motto is: “keep it natural.” We use no chemical pesticides, herbicides, or fertilizers. We use companion planting, composting, encouraging beneficial insect populations, promoting healthy soil organisms and other natural gardening practices to boost plant health.

GARDEN SHARE OVERVIEW

- 20 weeks of local farm-fresh produce beginning mid to late-April
- Shares include a variety of delicious in-season produce, small fruits and herbs
- Full share— approximately 1/2 bushel
- Half share— approximately 1/4 bushel
- Pick up times: Tuesday 5—7 p.m. or Saturday 9 a.m.—11 a.m.
- Paid-in-full and working share discounts

PLANNED 2010 VEGETABLES AND SMALL FRUITS

Remember, no chemical pesticides means you'll find an occasional bug, worm or bite in your produce.

Asparagus, blackberries, green and purple snap beans, beets, broccoli, cabbage, kale, kohlrabi, lettuce (including several leaf lettuces, bibb, Buttercrunch, and Romaine) mustard greens, okra, green onions, bulb onions, bok choy, tatsoi, bell peppers, sweet banana peppers, Anaheim chili peppers, jalapeño peppers, new potatoes, cured potatoes, radishes, spinach, strawberries, sweet potatoes, tomatoes (red, green, pink, striped and yellow varieties) spring turnips and a few fun new varieties!

Herbs:

Arugula, basil, garlic, mint, parsley

Additional crops difficult to raise naturally (may or may not have in shares due to pests and other complications) cantaloupe, sweet corn, cucumbers, squash & zucchini.

Please Note: the CSA season may not run in consecutive weeks, but we will continue filling CSA shares as crops mature until the full twenty week season is complete.

BROWN EGGS

Farm-fresh, brown eggs are available on a first come first served basis from our flock of pastured hens. You may request eggs as you need them.

2010 MFF CSA SIGN-UP FORM

*Please mail form & payment to:
Mitchell Family Farm
4286A CR 5500, Cherryvale, KS 67335*



Name _____

Address _____

City, State Zip _____

E-mail (We communicate with shareholders regularly via e-mail.) _____

Home Phone _____

Cell Phone (optional) _____

Please select your preferred contact method:
 E-mail Home Phone Cell Phone

Mitchell Family Farm CSA Shares

Garden Share(s)

Full share @ \$590/share

Half share @ \$350/ share

(All applicable sales tax included)

Discounts

Pay Garden Share in full— take \$20 off!

Working share discounts available!

Call or e-mail for details.

Cash, check or money order. Credit card accepted through PayPal—see note on reverse.

Make payable to: Mitchell Family Farm

TOTAL

I would like to take advantage of the payment plan.

I have called or e-mailed you for details of the payment plan including the amount necessary to reserve my share(s)

Signed: _____

My preferred Garden Share pick-up day is:

Tuesday 5—7 p.m.

Saturday 9 a.m.—11 a.m.

*Produce for Saturday shares will be packed on Fridays.
Tuesday CSA shares are packed same day.*



COMMUNITY DELIVERY GROUPS

If you would like to be on the community group pick-up and delivery list we will attempt to put you in contact with a group of individuals in your area who are willing to share the responsibilities of picking up shares at the farm and delivering them to your community. If enough people are interested in cooperating this way, you won't have to make as many trips to the farm, save fuel, and still receive great produce!

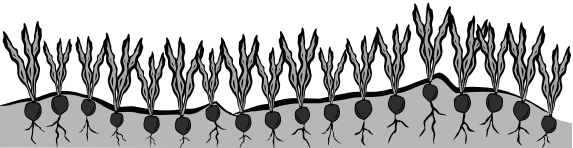
I'm interested in being a part of a group pick up

ONLINE CREDIT CARD PAYMENTS

Online payments via PayPal are accepted. Please email us to request an invoice. A 3% convenience fee will be added to the total due.

PLEASE NOTE

If your share is not picked up within twenty-four hours of the scheduled pick-up time, and you have made no other arrangements with us, your basket will be donated to either a local family who can use the produce, or to a local food bank.



Mitchell Family Farm
4286A CR 5500
Cherryvale, KS 67335

MITCHELL FAMILY FARM

*FRESH FOODS FROM OUR FARM
TO YOUR TABLE*

**LOCALLY-GROWN
NATURALLY RAISED
FRESH PRODUCE**

4286A CR 5500, Cherryvale, KS

Farmer Josh's Cell Phone: 620-330-1966
www.mitchellfamilyfarm.us
info@mitchellfamilyfarm.us